

What's Cooler than Cool? Beech Mountain in the summer!

As America's highest Eastern town, Beech Mountain offers visitors a respite from the intense heat waves that are common across the southeast in the summertime months. On Beech, the temperature rarely rises above 80 degrees. Even better, humidity is not a problem.

These cooler temperatures give visitors a chance to explore and enjoy all of Beech's abundant outdoor adventures without heat exhaustion.

- Hiking: A trekker's haven, the area provides adventurers of all ages and skill levels many wonders to uncover around the mountain from the scenic vistas of the Emerald Outback trail park to beautiful, maintained trails.
- Biking: Adventure junkies will delight in the area's mountain and road biking that offer cyclists a range from beginner to advanced options. For a faster and more intense thrill ride, visitors can try lift-assisted downhill biking at Beech Mountain Resort or the seven miles of cross-country trails in the Emerald Outback.
- Mile high yoga, disc golf and scenic ski chair lift rides are available at the Beech Mountain Resort.
- The Buckeye Lake Recreation Center offers fitness classes and courts for basketball, tennis, pickleball and volleyball.

Beech is also celebrating Blackberry Jam this summer, combining their lively music scene, with the sweet tradition of blackberry picking. Blackberry Jam offers a fresh take on summer fun with music offerings including both free and ticketed concerts; local businesses offering mouthwatering themed specials; and berry picking in the wild via hiking trails.

The area also has plenty of lodging for groups of all sizes from condos, chalets, and private homes to quaint inns and lodges.

With abundant music, blackberry delights, outdoor recreation, scenic vistas and cool mountain air, Beech Mountain offers the perfect summer getaway.